

# PATIENT HEALTH QUESTIONNAIRE

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**Patient name (please print)**                      **Date of Birth**                      **Patient Signature**                      **Date today**

I have no known allergies to medications.

**I am allergic** to these medications: \_\_\_\_\_ Reaction: \_\_\_\_\_  
 \_\_\_\_\_ Reaction: \_\_\_\_\_

What is the main reason for your visit today? \_\_\_\_\_

Are you currently under the care of any other doctors? Please list them: \_\_\_\_\_

Which pharmacy do you prefer? Name: \_\_\_\_\_ Location: \_\_\_\_\_

As you review the following list, please **check** any problems or conditions that you are experiencing or have experienced.

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Anemia   | <input type="checkbox"/> Female: irregular periods  | <input type="checkbox"/> Male: testicular pain                |
| <input type="checkbox"/> Anxiety  | <input type="checkbox"/> Fibromyalgia   | <input type="checkbox"/> Migraines                            |
| <input type="checkbox"/> Asthma   | <input type="checkbox"/> Frequent Urinary Tract Infections  | <input type="checkbox"/> Mini stroke/ TIA                     |
| <input type="checkbox"/> Back pain  | <input type="checkbox"/> Glaucoma   | <input type="checkbox"/> Multiple Sclerosis                   |
| <input type="checkbox"/> Bleeding disorder  | <input type="checkbox"/> Gout   | <input type="checkbox"/> Osteoarthritis                       |
| <input type="checkbox"/> Blood in stool   | <input type="checkbox"/> Headaches  | <input type="checkbox"/> Osteoporosis                         |
| <input type="checkbox"/> Blood Transfusions   | <input type="checkbox"/> Heart Attack   | <input type="checkbox"/> Paralysis                            |
| <input type="checkbox"/> Cataracts  | <input type="checkbox"/> Heart Murmur   | <input type="checkbox"/> Rheumatoid Arthritis                 |
| <input type="checkbox"/> Chest pain   | <input type="checkbox"/> Heart Palpitations   | <input type="checkbox"/> Seasonal Allergies                   |
| <input type="checkbox"/> Depression   | <input type="checkbox"/> Heart Valve Problems   | <input type="checkbox"/> Sexually transmitted/Veneral disease |
| <input type="checkbox"/> Diabetes <input type="checkbox"/> type 1 <input type="checkbox"/> type 2 | <input type="checkbox"/> Hemorrhoids  | <input type="checkbox"/> Shortness of Breath                  |
| <input type="checkbox"/> Eating disorder  | <input type="checkbox"/> Hepatitis <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C | <input type="checkbox"/> Skin Cancer                          |
| <input type="checkbox"/> Emphysema/COPD   | <input type="checkbox"/> High blood pressure  | <input type="checkbox"/> Stroke                               |
| <input type="checkbox"/> Epilepsy / Seizures  | <input type="checkbox"/> High cholesterol   | <input type="checkbox"/> Thyroid disorder                     |
| <input type="checkbox"/> Fainting   | <input type="checkbox"/> Immune Deficiency  | <input type="checkbox"/> Tuberculosis (TB)                    |
| <input type="checkbox"/> Female: # miscarriages _____   | <input type="checkbox"/> Indigestion/Heartburn  | <input type="checkbox"/> Urine incontinence                   |
| <input type="checkbox"/> Female: # pregnancies _____  | <input type="checkbox"/> Insomnia / Sleep Problems  | <input type="checkbox"/> Valley Fever                         |
| <input type="checkbox"/> Female: Abnormal Mammogram   | <input type="checkbox"/> Joint pain   | <input type="checkbox"/> Other: _____                         |
| <input type="checkbox"/> Female: Abnormal Pap smear   | <input type="checkbox"/> Kidney Stones  | _____   |
| <input type="checkbox"/> Female: endometriosis  | <input type="checkbox"/> Longstanding Fatigue   | _____   |
| <input type="checkbox"/> Female: first day of last menstrual period _____                         | <input type="checkbox"/> Lupus  |   |
|   | <input type="checkbox"/> Male: prostate problems  |   |

<b>Surgeries:</b>	Year		Year
Tonsils Removed		Heart Bypass	
Appendix Removed		Heart stent placed	
Gallbladder Removed		Gastric Bypass/Lapband	
Uterus Removed		Back	
Ovaries Removed		Knee	
Prostate Removed		Shoulder	
Vasectomy		Other:	

<b>Family History:</b>	Dad	Mom	Sibs
Diabetes			
Thyroid disorders			
Mental Illness			
Heart Attack /Heart Disease			
High Blood Pressure			
Stroke			
Aneurysm			
Cancer (type)			
Other:			

<b>Risk Factors/Social History:</b>	Quit Date	How Often?	How much at a time?	Type?
Alcohol use <input type="checkbox"/> No <input type="checkbox"/> Yes				
Tobacco use <input type="checkbox"/> No <input type="checkbox"/> Yes				
Exercise <input type="checkbox"/> No <input type="checkbox"/> Yes				
Caffeine/Energy Drinks <input type="checkbox"/> No <input type="checkbox"/> Yes				
Recreational drug use <input type="checkbox"/> No <input type="checkbox"/> Yes				

<b>Medications you currently use:</b>	Strength:	How many at once?	How many times per day?

**If you take a lot of medications, please bring a comprehensive list on a separate sheet of paper AND bring your medication bottles with you to your first appointment.**